



Confinement
同样精选的食材，创新可口的美味
Meals
THE FUSION WAY



天味佳肴
TIAN WEI
SIGNATURE



THE FUSION WAY



Our head chef, Chef Eugene has created over 40 types of soup along with a combination of traditional and fusion confinement meals inspired by Japanese and Mediterranean cuisines after participating in various competitions such as Chef Apprentice on Channel 8, Tabasco Hot Chef Challenge, MLA Black Box Challenge, and FHA Challenge.

Most new mothers find that preparing their own confinement meals will require a lot of effort and time contributions especially when you are still recovering from your delivery and pregnancy.

Hence, we provide a mixture of fusion and traditional, breastfeeding-friendly confinement food delivery service to reduce the hassle and ensure that modern and balanced confinement meals can be delivered to all mothers.

Our customer service officers will be available 7 days a week to serve and tend to your needs in regards to our confinement meal delivery service.



Eugene Tan

Executive Chef of Tian Wei Signature



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FUSION CONFINEMENT CUISINE

Serving a combination of Chinese - Japanese and Chinese - Mediterranean cuisines, we aim to provide a variety of confinement meals to new mothers while also preserving the essence and health benefits of our ingredients.

TRADITIONAL CONFINEMENT CUISINE & HERBAL SOUP

We include ingredients like ginger and red dates in our dishes to expel 'wind' from the new mother's body and also replenish the nutrients lost from delivery. We have over 40 types of soups to accelerate the recovery process of mothers.



BREASTFEEDING FRIENDLY MENU



We help mothers to increase their breast milk by providing them with a balanced diet and incorporating various milk-boosting ingredients such as green papaya, salmon and brown rice into our meals.

OUR SIGNATURE DISHES



BRAISED PORK TROTTER IN BLACK VINEGAR

This dish is meant to purify the blood and cleanse the arteries. It also helps to break down the mineral content in the trotters, ensuring the gravy to be rich in calcium, iron, and gelatinous collagen.



TIAN WEI SIGNATURE COQ AU VIN

Red wine can help lower the risk of certain cancers, protect you from heart diseases and osteoporosis, and reduce inflammations caused by arthritis. The alcohol in red wine can raise the levels of "good" HDL cholesterol.



SEARED SALMON WITH CAULIFLOWER CREAM AND TRI COLOUR GRAINS

Salmon is well known to improve cardiovascular health, enhance tissue development, and boost the mother's overall well-being. Known for its gluten-free nutritional benefits, Quinoa has been added as a main staple in this menu.



SNOW FUNGUS PEACH RESIN HASHIMA DESSERT

Peach Resin contains rich collagen to recover the loss of essential nutrition during delivery.



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" Enjoyed my confinement food from @tianweisignaturesg because I get to have different varieties of yummy food everyday and meal times are never boring!

Specially catered for women during the important recovery period of confinement. Plus, every #TianWeiSignature meal comes complete with herbal soup or dessert, and red date tea! "

@kaitinghearts

" I love how Tian Wei signature serves both nutritious and delicious meals that are targeted at helping new moms recover quickly after childbirth! Confinement meals are made more diverse with their menu which also includes western style items as well (: "

@jocinaaa



" Between taking care of the kids & ensuring proper care for myself during confinement, there's one less thing for us to worry about when I have @tianweisignaturesg making sure that I have nutritious confinement food delivered right to my doorstep everyday! "

@xoangeline



LET'S WORK TOGETHER

OUR AWARDS



BEST IN FUSION
CONFINEMENT MEAL



MUMMYS MARKET
AWARD WINNER



BEST BREASTFEEDING-FRIENDLY
FUSION AND TRADITIONAL
CONFINEMENT FOOD

WAYS TO CONTACT US



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For more information: <http://bit.ly/Tianweisignaturemediakit>



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