





NO MORE BORING Confinement Food

Get Early Bird Discount Up to \$128!*





Singapore's No.1 Fusion and Customisable Confinement Meals



*Terms and conditions apply. Images are for illustration purpose only.

We Do Things Differently For You



Fusion and Traditional Chinese Confinement Meal

We serve confinement food ingredients in traditional Chinese and fusion styles to keep your meals interesting.



Customisable Based on Meal Preference You can opt out of certain food ingredients based on your meal preference*.



Dietitian Reviewed to Support Postpartum Nutritional Needs

Our dietitian reviews every dish on the menu to help you build a well-balanced confinement diet.



Breastfeeding-friendly Menu to Support Milk Supply

We use lactogenic ingredients like green papaya, fenugreek and more in our meals to support your breast milk supply.



Herbal Soups Reviewed by Ma Kuang TCM All herbal soups on our menu are reviewed by Ma Kuang TCM* to promote recovery and revitalise the body. *leading TCM clinic and healthcare services in Singapore

Daily meals delivered warm and fresh to your doorstep







What You'll Enjoy in Every Meal



*Disclaimer: Customisation is subject to availability. This is not a substitute for professional medical advice, diagnosis, or treatment. Always seek the advice of your physician or other qualified health providers with any questions you may have regarding a medical condition.

Good Nutrition, Good Taste

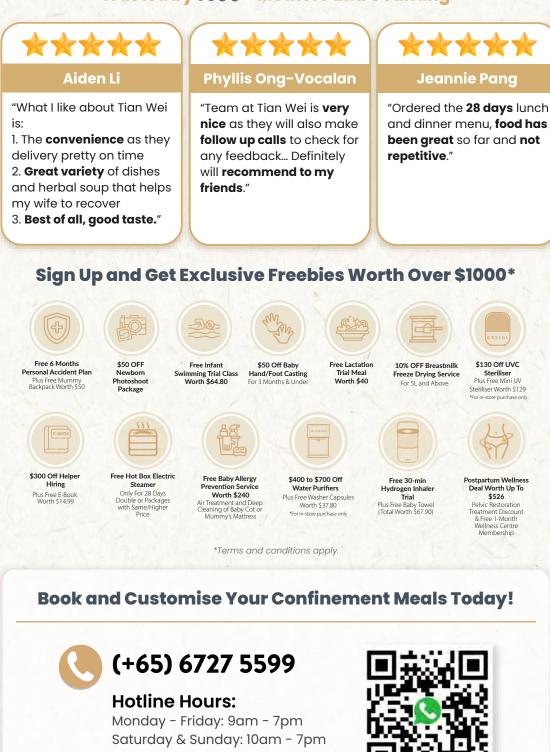
Everything you need in one menu

OUR MENU FEATURES 8 84 **Our Signature Dishes** Hakka Yellow Wine **Braised Pork Trotter** Sesame Braised in Black Vinegar Chicken Chicken 猪脚醋 麻油鸡 客家黄酒鸡 Tian Wei Signature Seared Salmon with Goma-ae Grilled Cog Au Vin Cauliflower Cream Chicken 日式芝麻鸡 天味法式红酒鸡 香煎花椰菜奶油三文鱼 Lactation-Boosting Eucommia Kidney Blood and Qi-Nourishing Fenugreek Green Papaya -Nourishing Soup Ginseng Soup Herbal Fish Soup 杜仲补腰炖汤 养血补气人参大补汤 通乳葫芦巴青木瓜药材鱼汤

*Images are for illustration purpose only.



Award-winning Service Trusted by 3500+ Mothers and Counting



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Secure Your Slot Now

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